

RELEASE AND WAIVER OF LIABILITY

By my signature hereunder, I enter the Hatha Yoga class (“Class”) sponsored by The Regents of the University of California, on behalf of its Davis campus Staff Development & Professional Services Program, in Davis, California. I understand there are obvious known dangers inherent in the activities in the Class, and I affirm that I am in proper physical condition to participate in this Class. I KNOW THAT I AM HELD TO UNDERSTAND AND APPRECIATE THE DANGERS IN PARTICIPATING IN THIS CLASS, AND I VOLUNTARILY ASSUME THESE RISKS.

Therefore, in consideration of University’s sponsorship of this Class, and based upon my representation that I am in proper physical health and conditioning to participate in this Class, I agree:

1. To assume all risk of injury to myself and all risk of damage to and loss of my property arising out of my participation in this Class;
2. To release and forever discharge the University, its officers, employees, agents and students from any and all liability for any injury, including death, and for property damage or loss which may be suffered by me, arising out of or in any way connected with my participation in this Class; and,
3. For myself, my heirs, executors, administrators, and assigns, to indemnify and hold harmless the University, its officers, employees, agents and students from any and all liability, claims, demands, actions, loss and damage arising out of my participation in this Class.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE UNIVERSITY, AND I SIGN IT OF MY OWN FREE WILL.

SIGNATURE: PARENT MUST SIGN IF YOU
ARE UNDER 18 YEARS OF AGE

DATE

PRINT NAME

E-MAIL

ADDRESS

CAMPUS PHONE