Progress Check Example

Date: __________

What development goals have we met?
__________________________________________________________
__________________________________________________________
__________________________________________________________

What development goals do we still need to address?
__________________________________________________________
__________________________________________________________
__________________________________________________________

What have we learned thus far? (skills, knowledge, attitude change)
Mentee: __________________________________________________

Mentor: __________________________________________________

Are our initial goals working or do we need to adjust?
__________________________________________________________
__________________________________________________________
__________________________________________________________

Have we discovered a previously unidentified goal or objective?
__________________________________________________________
__________________________________________________________
__________________________________________________________

Is there anything we can do to make this mentoring relationship more effective?
__________________________________________________________
__________________________________________________________